

Yoga & Pilates Retreats

Booking form

Yoga and Pilates holiday Portugal 28 July - 4 August 2012 (Yoga & Meditation family week)

Please complete the form, scan it and send by email to beafri@alice.de
then make a bank transfer to:

Bank: Santander
Acc name: beayogi
Sort code: 090127
Acc number: 88201575

Please confirm transfer by email to beafri@alice.de

Or print form in block capitals and with a cheque deposit of £350 made payable to beayogi
post to: Retreats, Liz Chandler, 15 Lansdown Place, Frome, Somerset, BA11 3HP, UK

The remainder of the payment is due 4 weeks prior to start date of holiday.
Please note that all information given will remain entirely confidential with Beate Fritzching and Liz Chandler and only be used for the purposes of this Yoga/Pilates holiday.

Title: _____

Full name (as on passport): _____

Address: _____

Home telephone number: _____

Mobile number: _____

E mail address: _____

Preferred way of contacting: _____

Or my partner's mobile _____

Date of birth: _____

Previous Yoga experience:

Which styles of Yoga have you practised? (if known)

Beginner / Intermediate level/advanced/teacher

Previous Pilates experience:

Beginner / Intermediate level/advanced/teacher

15 Lansdown Place - Frome, Somerset - BA11 3HP – UK - +44 (0)1373 455 674

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Accommodation requirement

Please select your preferred room accommodation.

We will do our best to accommodate this request, but all room reservations are first come first served.

Twin ensuite £680 _____

Single ensuite £920 _____

Dormitory £540 _____

Non Yoga Partner: _____

Do you have a preferred/agreed sharer?

If yes, Name _____

Please indicate your dietary preferences:

Vegetarian ___

Vegan ___

Eat seafood: _____

Any food allergies (ie nuts) _____

Which week do you want to book?

21 -28 July 2012 (Yoga and Pilates, adults only)

28 July - 4 August 2012 (Yoga & Meditation family week)

CANCELLATION POLICY:

Cancellation of your holiday, for whatever reason, must be notified to Bea Fritzsching in writing by letter or email. Whilst we will endeavour to treat cancellations sympathetically spaces are limited and the following applies:

Deposits are non-refundable. For cancellations made up to two weeks before departure 50% of payment (excluding deposit) will be refunded. Thereafter refunds (up to a maximum of 25% of payment and excluding deposit) will only be considered under exceptional circumstances at the discretion of the organiser. The cost of any airline ticket is the responsibility of the participant.

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You must take out your own travel insurance.